

REZEPTEVERZEICHNIS



INDIEN

- 13 Chapati / Roti
- 14 Naan
- 17 Lachha Paratha
- 19 Masala Chai
- 21 Cheese Tomato Naan
- 22 Onion & Potato Pakora
- 25 Chutneys
- 26 Masala Dosa
- 29 Paneer
- 30 Palak Paneer
- 32 Kadai Paneer
- 34 Malai Kofta
- 37 Sweet Paratha

THAILAND

- 56 Currypasten
- 59 Red Curry
- 60 Green Curry
- 63 Phad Thai
- 64 Morning Glory

NEPAL / TIBET

- 40 Momos
- 44 Dal Bhat
- 49 Nomad's Curry
- 50 Paale
- 53 Tsampa

LAOS

- 69 Green Papaya Salad
- 70 Larp
- 73 Sweet Sticky Rice

VIETNAM

76	Ca Phe Da
79	Pho Cuon / Fresh Springrolls
80	Pho Bo
82	Bun Cha
85	Dipsaucen
87	Bò Lá Lôt
88	Cá Thu Sôt Cà
91	Thit Heo Kho

CHINA

103	Gongbao Chicken
105	Fish Flavored Eggplant
107	Egg & Tomato
108	Lazi Ji
111	Spicy Crispy Potatoes
112	Baozi
116	Horse Men Dish
119	Zha Jiang Mian
120	Candied Potatoes

KAMBODSCHA

94	Amok
97	Lok Lak
98	Khmer Ginger Chicken