

Table of Contents

About the Special Issue Editors	v
Preface to "Precision Nutrition and Metabolic Syndrome Management"	vii
You Jin Kim, Iksoo Huh, Ji Yeon Kim, Saejong Park, Sung Ha Ryu, Kyu-Bong Kim, Suhkmann Kim, Taesung Park and Oran Kwon Integration of Traditional and Metabolomics Biomarkers Identifies Prognostic Metabolites for Predicting Responsiveness to Nutritional Intervention against Oxidative Stress and Inflammation doi: 10.3390/nu9030233	1
Julien Peyrol, Catherine Riva and Marie Josèphe Amiot Hydroxytyrosol in the Prevention of the Metabolic Syndrome and Related Disorders doi: 10.3390/nu9030306	15
Ana Gracia, Alfredo Fernández-Quintela, Jonatan Miranda, Itziar Eseberri, Marcela González and María P. Portillo Are miRNA-103, miRNA-107 and miRNA-122 Involved in the Prevention of Liver Steatosis Induced by Resveratrol? doi: 10.3390/nu9040360	33
Cesare De Gregorio, Herbert Marini, Angela Alibrandi, Antonino Di Benedetto, Alessandra Bitto, Elena Bianca Adamo, Domenica Altavilla, Concetta Irace, Giacomina Di Vieste, Diego Pancaldo, Roberta Granese, Marco Atteritano, Salvatore Corrao, Giuseppe Licata, Francesco Squadrito and Vincenzo Arcoraci Genistein Supplementation and Cardiac Function in Postmenopausal Women with Metabolic Syndrome: Results from a Pilot Strain-Echo Study doi: 10.3390/nu9060584	44
Irene Cantero, Itziar Abete, J. Ignacio Monreal, J. Alfredo Martinez and M. Angeles Zulet Fruit Fiber Consumption Specifically Improves Liver Health Status in Obese Subjects under Energy Restriction doi: 10.3390/nu9070667	55
Jiyoung Moon, Oh Yoen Kim, Garam Jo and Min-Jeong Shin Alterations in Circulating Amino Acid Metabolite Ratio Associated with Arginase Activity Are Potential Indicators of Metabolic Syndrome: The Korean Genome and Epidemiology Study doi: 10.3390/nu9070740	67
Grith Møller, Diewertje Sluik, Christian Ritz, Vera Mikkilä, Olli T. Raitakari, Nina Hutri-Kähönen, Lars O. Dragsted, Thomas M. Larsen, Sally D. Poppitt, Marta P. Silvestre, Edith J.M. Feskens, Jennie Brand-Miller and Anne Raben A Protein Diet Score, Including Plant and Animal Protein, Investigating the Association with HbA1c and eGFR—The PREVIEW Project doi: 10.3390/nu9070763	79
Juan de Toro-Martín, Benoit J. Arsenault, Jean-Pierre Després and Marie-Claude Vohl Precision Nutrition: A Review of Personalized Nutritional Approaches for the Prevention and Management of Metabolic Syndrome doi: 10.3390/nu9080913	93

Carolina F. Nicoletti, Cristiana Cortes-Oliveira, Marcela A. S. Pinhel and Carla B. Nonino Bariatric Surgery and Precision Nutrition doi: 10.3390/nu9090974	121
Paul Cordero, Jiawei Li, Vi Nguyen, Joaquim Pombo, Nuria Maicas, Marco Novelli, Paul D. Taylor, Anne-Maj Samuelsson, Manlio Vinciguerra and Jude A. Oben Developmental Programming of Obesity and Liver Metabolism by Maternal Perinatal Nutrition Involves the Melanocortin System doi: 10.3390/nu9091041	134
Cristina Aguirre-Portolés, Lara P. Fernández and Ana Ramírez de Molina Precision Nutrition for Targeting Lipid Metabolism in Colorectal Cancer doi: 10.3390/nu9101076	145
Priscila Silva Figueiredo, Aline Carla Inada, Gabriela Marcelino, Carla Maiara Lopes Cardozo, Karine de Cássia Freitas, Rita de Cássia Avellaneda Guimarães, Alinne Pereira de Castro, Valter Aragão do Nascimento and Priscila Aiko Hiane Fatty Acids Consumption: The Role Metabolic Aspects Involved in Obesity and Its Associated Disorders doi: 10.3390/nu9101158	165
Ana San Gabriel, Kumiko Ninomiya and Hisayuki Uneyama The Role of the Japanese Traditional Diet in Healthy and Sustainable Dietary Patterns around the World doi: 10.3390/nu10020173	197