

Table of Contents

Acknowledgments	iii
Summary	v
Zusammenfassung	ix
1 Introduction	1
1.1 Thesis motivation	2
1.2 Thesis aims	7
1.3 Thesis outline	9
2 Background	15
2.1 Bone physiology	17
2.2 Medical imaging	18
2.3 Finite element models of the femur	19
2.4 Sideways fall mechanics	30
3 Mapping anisotropy of the proximal femur for enhanced image based finite element analysis	43
3.1 Introduction	46
3.2 Materials and Methods	48
3.3 Results	55
3.4 Discussion	55
4 Material mapping strategy to improve the predicted response of the proximal femur to a sideways fall impact	65
4.1 Introduction	68
4.2 Materials and Methods	70
4.3 Results	76
4.4 Discussion	78
5 Strain rate dependency of bovine trabecular bone under impact loading at sideways fall velocity	93
5.1 Introduction	96

5.2	Materials and Methods	97
5.3	Results	102
5.4	Discussion	103
6	Biofidelic finite element models for accurately classifying hip fracture in a retrospective clinical study of elderly women from the AGES Reykjavik cohort	113
6.1	Introduction	116
6.2	Materials and Methods	118
6.3	Results	128
6.4	Discussion	130
6.5	Conclusions	136
7	Synthesis	147
7.1	Experimental validation of anisotropic FE models of the proximal femur	149
7.2	Material mapping strategy for dynamic FE models of the proximal femur	150
7.3	Strain rate dependency of trabecular bone properties at sideways fall impact speeds	150
7.4	Biofidelic finite element models for accurately classifying hip fracture	151
7.5	Limitations and future research	152
7.6	Conclusion	155
	Curriculum Vitae	161