

Contents

<i>Foreword</i>	vii
<i>Dear Reader</i>	xi
Knowing That Hearts Would Break	1
Don't Worry, Go Ahead!	9
Feeling Like a Toddler	15
Small Things Loom Large	23
Learning to Listen	30
What Would Livia Do?	43
What Do You Do All Day?	56
No Job, No Badge, No You?	63
What Have I Done?	71
Time Flies, Have Fun	82
You Will Change, That's OK	88
No Quiet Home	96
Like a Butterfly	106
You'd Think I'd Moved To The Moon!	116
Home Is Where the Heart Is	126

Our Stories

A Rite of Passage – <i>Adriana Quarck</i>	139
Transported, Transformed – <i>Rylla Resler</i>	148
I Like the View From Here – <i>Francesca Incocciati</i>	159